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A clinical case of homeopathic and isopathic treatment of human herpes simplex virus

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Abstract

Human herpes simplex virus manifests itself as painful vesicles in the area of infection, followed by ulceration. This article describes a specific case of the author's successful treatment of herpes simplex virus using homeopathy and isopathy. After treatment with herpes nosodes, *Ranunculus bulbosus*, and *Asclepias tuberosa*, symptoms of the virus did not appear for more than 10 years, indicating a complete cure.

Keywords: Herpes simplex virus, homeopathy, isopathy, nosode, autosode, *Ranunculus bulbosus*, *Asclepias tuberosa*

Introduction

The human herpes simplex virus is of two types. Herpes simplex virus type 1 is usually transmitted orally. The World Health Organization estimates that 3.7 billion people under the age of 50 are infected with herpes simplex virus type 1 [1]. Herpes symptoms appear as painful vesicles, blisters, and sores in the area of infection. Antiviral drugs (acyclovir, famciclovir, and valacyclovir) do not provide a complete cure, but relieve symptoms and reduce relapse rates. The herpes virus colonizes nerve endings and integrates into the genetic apparatus of nerve cells.

The author of the article exhibited the herpes simplex virus symptoms for the first time in January 1997 in the form of painful vesicles with a clear liquid on the left cheek along the facial nerve. Outbreaks occurred every winter until 2010 when the author used nosodes, autosodes, and homeopathic remedies for treatment. From 2010 until now, there was no recurrence of herpes simplex virus symptoms.

The homeopathic method of treating diseases developed by Samuel Hahnemann (1755-1843) is based on the main principle that "like cures like" [2]. Homeopathy in Greek means "disease-like" and is based on the six principles:

1. *Similia similibus curentur*, let like cure like
2. Minimum dose
3. Potentized remedy
4. One homeopathic remedy is prescribed at one time
5. Provings using healthy people
6. The theory of miasms

The simillimum principle in homeopathy is that a homeopathic remedy is selected according to symptoms that coincide with the symptoms of poisoning with a substance in its pure form. In its pure form, the remedy causes certain manifestations in healthy people. For example, the bulbous buttercup (*Ranunculus bulbosus*) in its pure form causes a headache in the forehead and eyes [3], as well as the tuberous tuberose (*Asclepias tuberosa*) [4]. For patients with similar symptoms, one of these homeopathic remedies may be suitable for treatment. In addition to knowledge about the toxic effects of various substances, homeopathy uses data from provings - experiments on healthy volunteers who took the homeopathic remedy. An important rule of proving is to use only one remedy at a time. The provings made it possible to form a materia medica or a list of symptoms caused by homeopathic remedies in healthy people.

Nosodes (from the Greek *nosos*, disease) are homeopathic remedies prepared by dilution and potentiation of microorganisms, viruses, and pathological secretions. Hippocrates used the vomit of the patients themselves to treat digestive disorders. Isopathy (from the Greek *iso*, equal and *pathos*, disease) is derived from homeopathy in terms of diluted and potentiated

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pathogens, however, their applications are quite different. In homeopathy like cures like, while in isopathy diluted and dynamized pathogens treat the disease that they cause when undiluted. German veterinarian Wilhelm Lux (1796-1849) successfully treated scabies and glanders in animals with nosodes. Lux used a 30C scabies nosode prepared from the blood of animals with scabies. For the treatment of glanders, Lux used nosodes prepared from the secretions of the nasal mucosa of sick animals. The reason Lux started using nosodes was that he could not find a homeopathic remedy for treating these diseases in animals.

American homeopath Constantine Hering (1800-1880) also used nosodes, but not based on the isopathic principle like Lux, but rather on the simillimum principle using the theory of miasms. Isopathy implies the principle of identity when the herpes simplex virus nosode prepared from the secretions of herpes vesicles cures it.

Autonosodes are prepared from the patient's secretions and are used according to the isopathic principle for the treatment of diseases, and not according to the simillimum principle. The materia medica of nosodes describes various symptoms and methods of using nosodes [5]. Nosodes can

exacerbate the disease symptoms, therefore, additional specific drainage therapy with homeopathic remedies is necessary.

2. Isopathic and homeopathic treatments

The author of this article has suffered from the herpes simplex virus manifestations in the form of painful vesicles on the left side of the cheekbone, along the facial nerve since 1997. In addition to the sharp pain, other inconveniences were associated with the inability to shave during the outbreaks that occurred every year, mainly in winter. The exact herpes simplex virus diagnosis was made as a result of medical laboratory tests in 2006.

2.1 Isopathic treatment

In the summer of 2010, the author began taking herpes simplex nosodes produced by the Italian company OTI (Fig. 1) in 3 and 9 centesimal dilutions, five pellets of each dilution once every two days. As a result of taking the nosode, very painful herpes vesicles formed along the left and right sides of the neck.



Fig 1: Sugar pellets of herpes simplex nosode in 3CH and 9CH dilutions produced by the Italian company OTI, 5 pellets were taken 1 time in two days.

Isotherapy was followed by a one-time daily intake of the homeopathic drainage agents described in the next section. About a week after the vesicles appeared along the neck, the author made a complex autososode from the vesicles' content in 4X, 6X, 12X, 16X, and 30X dilutions according to the Korsakov method and took it once a day. After taking the autososode, the sharp stabbing pain disappeared within

two days.

2.2 Homeopathic treatment

A complex homeopathic preparation based on an alcohol solution of *Ranunculus bulbosus* [6] and *Asclepias tuberosa* [7] in different dilutions (Fig. 2) once a day was used for drainage.



Fig 2: Ranunculus-Homaccord homeopathic remedy in vials manufactured by Heel containing *Ranunculus bulbosus* 4X, 10X, 15X, 30X, 200X, and *Asclepias tuberosa* 6X, 10X, 20X, 30X, 200X, 1 vial was taken per day.

3. Methods and Discussion

The result of the treatment described in the article with herpes simplex virus nosodes in 3CH and 9CH dilutions taken once every two days and the complex homeopathic preparation Ranunculus-Homaccord taken once a day was a remedy-induced exacerbation of the disease in the form of herpes blisters along the neck. It should be noted that for the previous 13 years, annual eruptions were on the left cheek along the facial nerve. The disease moved down, according to Hering's law^[8], as "all cure starts from within out, from the head down and in reverse order as the symptoms have appeared or been suppressed".

The herpes simplex virus autonomode was made from the contents of the herpes vesicles. A herpes blister on the neck was opened with the blunt side of a knife, which was placed in a glass of water. The autonomode was prepared by the Korsakov method in one glass bottle with 40 succussions of the bottle on a hard surface between dilutions. Dilutions of 4X, 6X, 12X, 16X, and 30X were mixed in one 0.75 L glass jar, to which 50 ml of alcohol were added as a preservative. Autonomode was taken once a day for a week. After about a month, the blisters along the neck began to dry out, and the author applied 3% hydrogen peroxide to completely get rid of them. Since then, exacerbations and symptoms of herpes simplex have not been manifested for over 10 years, which indicates a complete cure of the disease.

The homeopathic use of nosodes is much broader than in isopathy. For example, the Tuberculinum nosode prepared from the patient's secretions containing the pathogens of the tuberculous pathological process cures not only tuberculosis itself but can be used for severe dry cough, as well as nervousness and anxiety. Nosodes prepared from various allergens have been successfully used to treat allergy symptoms^[9], and the nosode made from tonsil stones cured chronic tonsillitis^[10].

4. Conclusions

The paper describes a case of successful treatment of the herpes simplex virus symptoms using isopathic and homeopathic methods. The use of 3CH and 9CH nosodes caused a remedy-induced exacerbation. Autonomode in combination with the complex homeopathic remedy Ranunculus-Homaccord completely cured the symptoms of herpes. The author has no herpes simplex virus symptoms since 2010.

5. Acknowledgments

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